



# How to Plan a Trash Free Visit

At Hard Bargain Farm Environmental Center (HBF), we are working to become a trash free facility. You may already be planning to bring a trash free lunch, so we are challenging you to plan a trash free stay. When deciding what to bring for lunch and snacks during your trip it is important to consider the packaging your food comes in. Please use the following as a general guideline when planning for your trip:

- Think ahead to have the least amount of trash. Use the Four Rs (rethink, reduce, reuse, recycle) before you buy an item. *Visit our website for more information on the Four Rs.*
- Bring items you can reuse during and/or after your trip, such as a reusable water bottle and reusable containers.
- Buy items packaged in recyclable materials (see list of items recycled at HBF).
- Buy items in bulk. At HBF our biggest source of trash is food packaging from individually wrapped items, please buy items in bulk when possible.
- We have plates, bowls, cups, and silverware available for you to use.
- Please bring only what you can consume during your stay, our pigs have enough to eat!
- We do not allow any Styrofoam at our facility.

Here are some of the most common trash items brought to the farm and their less trashy alternative:

## Bring This



Reusable Water Bottle

## Not That



Bottled Water

***Save your money! Our water at HBF tastes great and is safe to drink.  
Bringing a reusable water bottle also saves resources.***



One Big Bag of Snacks



Many Individually Wrapped Snacks

***For s'mores and snacks buy in bulk and skip the individually wrapped packages.  
It is cheaper, easy to share, and less to throw away!***

## Bring This



Recyclable Container

## Not That



Non-recyclable Container

*Buy items in recyclable containers that do not have to be thrown away and go to the landfill.*



Lunch box



Grocery bag

*Bring a reusable lunchbox that can be used over and over again.*

## HBF's Most Unwanted:

**Styrofoam** cannot be reused and is not recyclable.  
*Please do not bring it.*



**Plastic Flatware** is not recyclable. *Instead, use the flatware we have provided for you at HBF!*



### **Items Recycled at Hard Bargain Farm:**

Glass, metal cans and aluminum foil, plastic, cardboard, paper, milk cartons, and juice boxes

Visit *Take Out the Trash* on our website for more help, to learn about the Four Rs, and test your trash free packing skills in our *Trash Free Lunch Game*.

Thank you for helping to make Hard Bargain Farm Environmental Center a trash free facility.  
We look forward to seeing you at the Farm.