

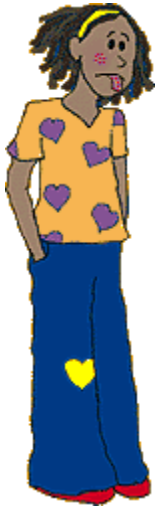
Student Sheet - Take Out the Trash

Name _____

Date _____

Trash Free Lunch Worksheet

In The Classroom



1. List three things (factors) you normally consider or think about when you pack a lunch.



2. Rank these factors from the most to the least important by writing a 1, 2, or 3 next to your factors on the lines in question 1.
3. Estimate the weight of trash your class might produce from packed lunches for one day.

In The Computer Lab

4. Read the *Introduction* and *Four Rs* sections.

5. Do the *Trash Free Lunch* activity. Choose items you might use to pack your own lunch. (Be honest!)

Record your score here. _____



6. Do the activity again, but this time try to get the best score you can by packing a lunch with the least amount of trash.

Record your score here. _____

7. Is there a difference in the two scores? What is the difference between your original lunch and the one that has the best score?



8. Do the *Lunch Ranking* activity. Which lunch had the least amount of trash? Why?

Continued on next page

Student Sheet ~ Take Out the Trash, Continued

Back in the Classroom 9. How did choices for your lunch change after thinking about trash free lunches?
How will choices for your real lunch change?



10. How can making earth friendly choices can have a positive impact?

11. What would be your greatest challenge in packing a trash free lunch every day?

12. Give an example of how you will use the Four Rs to have less trash.

13. In the chart below, list the foods you had in your lunch today and the type of container or wrapping they came in. For each container check if you reused, recycled, or threw it away as trash. For trash items, list an alternative you can use next time that would not be trash.

Food	Container Type	Re-Use	Recycle	Trash	Idea For Next Time